

Overhead Crane Safety & Daily Self Inspection

(1 Day Face to Face Training)



HRDCorp SBL Khas Course Series No : **1000156999**

Training Objectives

This overhead crane training gives equipment operators a solid foundation in health and safety standards, preventative maintenance, and the proper procedures for safely operating overhead cranes.

- ✓ To provide theory and practical training for new and experience Overhead Crane / Hoist operators.
- ✓ To guide operator's in performing self-inspection.
- ✓ To ensure compliance in OSHA 1994 requirement in training.
- ✓ To guide operators on the ergonomic and related manual handling methods as per OSHA Manual Handling Guidelines 2018.

What is a Overhead Crane Certificate of Attendance?

An Overhead Crane Certificate of Attendance is a document that confirms the operator have successfully completed the necessary training and PASSED in the practical handling program.

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Methodology

Slides Presentation, Video Presentation, Group Discussion, Quiz, Theoretical Test and Practical Test.

Target Participants & Modules

New and Experience Overhead Travelling Crane / Hoist operators.

Module 1 (Theory)

- Pre Training Test
- Introduction to Overhead Crane functions and its limitations
- OSHA 1994 Requirements
- Major causes of accidents related to Overhead Crane

Module 2 (Theory)

- Overhead Crane Fundamental
- Rigging Orientation
- Load Control Techniques
- Pre-Operational Inspections
- Crane Start Up & Shut Down
- Crane Movements & Controls
- Safety Regulations & Standards
- Preventative Maintenance SOP
- Shisa Kanko (a way to avoid accident).
- Ergonomic & Manual Handling (OSHA Guidelines 2018).

Module 3 (Practical)

- The importance and steps in Daily Self Inspection.
- Guidelines in creating Daily Self Inspection Checklists.
- Ergonomic related to Overhead Crane operators.

Module 4 (Practical)

- Covid-19 Disinfection
- Practical Competency Test Q & A Sessions
- **Post Training Written Test**



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TENTATIF PROGRAMME

Number of participants will be based on HRDC guidelines

DATE	TIME	ACTIVITIES	ACTION BY
DAY 1	8.55 AM - 9.00 AM	Arrival / Registration	<i>Trainees</i>
	9.00 AM - 9.15 AM	Introduction	<i>Trainer</i>
	9.15 AM - 10.15 AM	Module 1	<i>Trainer</i>
	10.15 AM - 10.30 AM	Morning Tea Break	
	10.30 AM - 12.00 PM	Module 2	<i>Trainer</i>
	12.00 PM - 1.00 PM	Module 2	<i>Trainer</i>
	1.00 PM - 2.00 PM	Lunch Break	
	2.00 PM - 3.00 PM	Module 3	<i>Trainer</i>
	3.00 PM - 4.00 PM	Module 4	<i>Trainer</i>
	4.00 PM - 4.15 PM	Afternoon Tea Break	
	4.15 PM - 5.00 PM	Q & A, Test & Assessment	<i>All Trainees</i>

Trainers

Dr. Mohd Fadzil bin Harun

PhD (UPSI), MBA (UUM), HRDF TTT No. 7855. Certified Overhead Crane Trainer

Dr. Mohd Fadzil bin Harun (IC No: 661107-08-5103) possess more than 25 years experience in managing Warehouse, Yard, Logistics and Supply Chain Departments. He earned his PhD in Warehousing, Lean and Value Stream Mapping from Universiti Pendidikan Sultan Idris and Master of Business Administration from Universiti Utara Malaysia.



As a Certified Overhead Crane Trainer, Dr. Mohd Fadzil also involves in Lean tools implementation in Malaysia and Indonesia, setting-up many Warehouses for various industrial background such as E-commerce, Automotive, FMCG, Hard disk drives, Electronics, Plastics molding and 4th-party Logistics. He is also working as a trainer under FFM, IEM and possess Teaching Permit issued by the Ministry of Education. He is also had directly involved in the implementation of Lean Distribution through-out Malaysia (e.g. For Massimo Bread) GDP, TS16949, ISO45001 and ISO37001 ABMS.

On top of the above, Dr Fadzil contributes as Forklift & Reach Truck Trainer, as well as an Industrial Advisor for local Universities (such as for UNISEL Logistics Bachelor Program & DRB HICOM University programs). He involves in modules writing and working as an Academic Facilitator for local Universities. Operational Management and Supply Chain Management for Diploma, Degree as well as Master students.

Fees for a group of 5 to 30 participants:

RM 3,400 (Area : Selangor / Kuala Lumpur)

Our fees includes the Training Materials and Certificates of Attendance. All the fees are Claimable under HRDF SBL Khas Scheme.

Terms & Conditions

1. Validity of Proposal / Quotation : 30 Days
2. Term of Payment : 100% HRDF Claimable – SBL Khas.
3. Checks payable to : FR RESOURCES GROUP PLT (If not claim HRDF)
4. Bank Account No : 1216 8010 0235 94 (Bank Islam Malaysia Berhad)

Registration

Please Call us at 03-6038.58.38 or Email the Registration Form below to : eddy@penyediaatihan.com

Popular HRDCorp Claimable Courses in 2024

PUBLIC TRAINING PROGRAM

Fees : All the fees below inclusive of SST, Certificates etc. for companies in Selangor / Kuala Lumpur

Click for TTV

OSH Coordinator Course (3 Days)

RM 660 per participant (Selangor, KL & other states)



[Click here to Request Module & Quotation](#)

Safety and Health Committee Training (1 Day)

RM 700 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

HIRARC & OSHA (Amendment) Act 2022 (2 Days)

RM 1200 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

Forklift Skills, Safety & Daily Maintenance (1Day)

RM 380 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

First Aid, CPR & AED Course (1 Day)

RM 380 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

Fire Fighting and Emergency Res. Team (1 Day)

RM 480 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

Professional Certificate

Forklift Train The Trainer (3 Days)

RM 3,798 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

Professional Certificate

Reach Truck Train The Trainer (3 Days)

RM 3,798 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

Contact Eddy / Nur Hidayah : 03-6038.58.58, 013.512.7777 OR 018-262.3723

Training Collaboration



Popular HRDCorp Claimable Courses in 2024

IN-HOUSE TRAINING PROGRAM (Venue: at your own premise)

Fees : All the fees below inclusive of SST, Certificates etc. for companies in Selangor / Kuala Lumpur.

Click for TTV

OSH Coordinator Course (3 Days)

RM 12,800 for 10 to 30 Staffs (at your premise)



[Click here to Request Module & Quotation](#)

Safety and Health Committee Training (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Quotation](#)

HIRARC & OSHA (Amendment) Act 2022 (2 Days)

RM 6,800 for 30 participants (at your premise)



[Click here to Request Quotation](#)

Forklift Skills, Safety & Daily Maintenance (1Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

First Aid, CPR & AED Course (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

Fire Fighting and Emergency Res. Team (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Quotation](#)

Overhead Travelling Crane (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Quotation](#)

Ergonomic & Manual Handling in Workplace (1 Day)

RM 3,400 for 30 participants (at your premise)

[Click here to Request Module & Quotation](#)

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