

2 Days Course

# HIRARC & Occupational Safety and Health (Amendment) Act 2022 (Act A1648)



1 Day Course – HRDCorp SBL Khas No. : 10001394462

## Training Objectives

This course is designed to help participants in assessing the risk associated with their work, determine the necessary preventative measures to be taken in avoiding injury and/or damage to property as well as to understand the new amendments, additional Provision, deletion of provisions and the new liability of offences in the OCCUPATIONAL SAFETY AND HEALTH (AMENDMENT) ACT 2022.

Working in any manufacturing or service environment shall increase the workers exposure to a wide range of different risks. Therefore, it is very important to the participants to take preventative actions to control these risks and understanding the new legal requirements. By attending this training, the participants should be able to understand the key topics as per below:

- 1) Learn the legislation and regulation related to the Amendment 2022.
- 2) Understand the Hazards, Risk and HIRARC primary functions.
- 3) Learn on how to identify hazard through various methodologies.
- 4) Understand Risk Assessment Matrix and prepare HIRARC for workplace.
- 5) Apply the latest updated HIRARC format.

## Intended Audience

Safety Practitioners, Safety and Health Officers, OSH Committee Members, Heads of Department, Managers, Executives, Supervisors and staffs with Safety and Health responsibilities.

## Methodologies

Participants are guided through practical steps of the topics with a combination of lectures, discussions, case studies, slides and video presentations via online or Face to Face methods.

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## Modules & Programme

### Day 1

#### **Module 1 Introduction to HIRARC**

- Unit 1 Definition of “Hazard and Occupational Hazard”
- Unit 2 Types of Hazards
- Unit 3 Safety and Health Risk related with Specific Hazards
- Unit 4 General Duties of Employers and Self Employed persons
- Unit 5 General Duties of Employers and Penalties

#### **Module 2 Hazard Identification Process**

- Unit 1 Hazard Identification Methodology
- Unit 2 Unsafe Act and Unsafe Condition
- Unit 3 Near Misses
- Unit 4 Group Exercise 1 – Hazard Identification

#### **Module 3 Risk Assessment and Hazard Control Strategy**

- Unit 1 Hazard Risk Assessment Methodology
- Unit 2 Risk Assessment Matrix
- Unit 3 Group Exercise 1 – Risk Assessment

#### **Module 4 HIRARC Practical Exercise**

- Unit 1 Types of Hazard in Workplace - Practical
- Unit 2 Hazard and Risk Control Strategies - Practical
- Unit 3 Types of Engineering Controls - Practical
- Unit 4 Documentations - Practical

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## Modules & Programme

### Day 2

#### **Module 5 HIRARC Practical Exercise and Presentation**

#### **Module 6 Introduction to OSH Act (Amendment) 2022**



- Unit 1 Introduction
- Unit 2 Amendments to the scope of Application
- Unit 3 Amendments to the Interpretations with new terminologies
- Unit 4 Amendments to the appointment of officers
- Unit 5 Amendments to the National Council for OSH
- Unit 6 Amendments to the General Duties of employers
- Unit 7 Amendments to the General Duties of employees

#### **Module 7 New Rights of employees**

- Unit 1 Amendments to Safety and Health Organisation
- Unit 2 New provisions to the Safety and Health Organisation
- Unit 3 Amendments to the Notification of Accidents,  
and Dangerous Occurrence.
- Unit 4 Occupational Poisoning and Occupational Diseases

#### **Module 8 Enforcement and Investigation**

- Unit 1 Amendment to the Enforcement and Investigation
- Unit 2 Amendments to the Liability for offences
- Unit 3 Amendments to Appeals
- Unit 4 Amendments to Regulations
- Unit 5 Amendments to the Schedule
- Unit 6 Impact to the Industry
- Unit 7 “Peraturan Jentera Berperakuan”

# HIRARC & Occupational Safety and Health (Amendment) Act 2022 (Act A1648)

## Tentative Programme Schedule

Day	Time	Activity	Notes
Day 1	8.50 – 8.55 AM	Arrival Day 1	Trainees
	8.55 – 9.00 AM	Registration Day 1	Trainees
	9.00 – 10.15 AM	<b>Module 1</b>	Trainer
	10.15 – 10.30 AM	Morning Tea	
	10.30 – 12.00 PM	<b>Module 2</b>	Trainer
	12.00 – 1.00 PM	<b>Module 3</b>	Trainer
	1.00 – 2.15 PM	Lunch	
	2.15 – 2.45 PM	<b>Module 3</b>	Trainer
	2.45 – 4.00 PM	<b>Module 4</b>	Trainer
	4.00 – 4.15 PM	Afternoon Tea	
	4.15 – 5.00 PM	Q&A	Trainee
	5.00 – 5.15 PM	Wrap-up	Trainer

# HIRARC & Occupational Safety and Health (Amendment) Act 2022 (Act A1648)

## Tentative Programme Schedule

Day	Time	Activity	Notes
Day 2	8.50 – 8.55 AM	Arrival Day 1	Trainees
	8.55 – 9.00 AM	Registration Day 1	Trainees
	9.00 – 10.15 AM	<b>Module 5</b>	Trainer
	10.15 – 10.30 AM	Morning Tea	
	10.30 – 12.00 PM	<b>Module 5</b>	Trainer
	12.00 – 1.00 PM	<b>Module 6</b>	Trainer
	1.00 – 2.15 PM	Lunch	
	2.15 – 2.45 PM	<b>Module 7</b>	Trainer
	2.45 – 4.00 PM	<b>Module 8</b>	Trainer
	4.00 – 4.15 PM	Afternoon Tea	
	4.15 – 5.00 PM	Q&A	Trainee
	5.00 – 5.15 PM	Closing Wrap-up	Trainer

# Popular HRDCorp Claimable Courses in 2024

## PUBLIC TRAINING PROGRAM

*Fees : All the fees below inclusive of SST, Certificates etc. for companies in Selangor / Kuala Lumpur*

**Click for TTV**

### OSH Coordinator Course (3 Days)

RM 660 per participant (Selangor, KL & other states)



[Click here to Request Module & Quotation](#)

### Safety and Health Committee Training (1 Day)

RM 700 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

### HIRARC & OSHA (Amendment) Act 2022 (2 Days)

RM 1200 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

### Forklift Skills, Safety & Daily Maintenance (1Day)

RM 380 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

### First Aid, CPR & AED Course (1 Day)

RM 380 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

### Fire Fighting and Emergency Res. Team (1 Day)

RM 480 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

## Professional Certificate

### Forklift Train The Trainer (3 Days)

RM 3,798 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

## Professional Certificate

### Reach Truck Train The Trainer (3 Days)

RM 3,798 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

Contact Eddy / Nur Hidayah : 03-6038.58.58, 013.512.7777 OR 018-262.3723

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# Popular HRDCorp Claimable Courses in 2024

## IN-HOUSE TRAINING PROGRAM ( Venue: at your own premise )

**Fees :** All the fees below inclusive of SST, Certificates etc. for companies in Selangor / Kuala Lumpur.

**Click for TTV**

### OSH Coordinator Course (3 Days)

RM 12,800 for 10 to 30 Staffs (at your premise)



[Click here to Request Module & Quotation](#)

### Safety and Health Committee Training (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Quotation](#)

### HIRARC & OSHA (Amendment) Act 2022 (2 Days)

RM 6,800 for 30 participants (at your premise)



[Click here to Request Quotation](#)

### Forklift Skills, Safety & Daily Maintenance (1Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

### First Aid, CPR & AED Course (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

### Fire Fighting and Emergency Res. Team (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Quotation](#)

### Overhead Travelling Crane (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Quotation](#)

### Ergonomic & Manual Handling in Workplace (1 Day)

RM 3,400 for 30 participants (at your premise)

[Click here to Request Module & Quotation](#)

Contact Eddy / Nur Hidayah : 03-6038.58.58, 013.512.7777 OR 018-262.3723

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