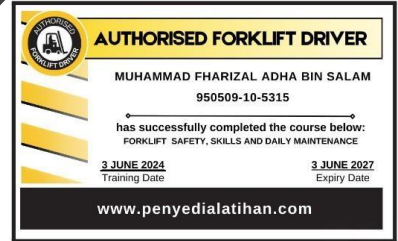


FORKLIFT SKILLS, SAFETY & DAILY MAINTENANCE COURSE

One Day Course

Theory + Practical

HRD Corp SBL Khas Course No : **10001268673**



Individual Card and Certificate
(Validation : 3 Years)

From:

Mr. Eddy Faizal / Mr. Firash

PENYEDIA LATIHAN DOT COM

Comprises of:

Penyedia Latihan Dot Com Enterprise (Hospital Training)

FR Talent Resources (Safety & DOSH Training)

FR Resources Group PLT (Soft Skills & Certification)

Contact

Mr. Eddy Faizal

03-6038.58.38 OR 013-512 7777

www.penyedialatihan.com

Tik Tok Account : [Forklift Training](#)

Penyedia Latihan berdaftar
dengan HRDCorp dan JKPP
(DOSH) Malaysia



FR Talent

PENYEDIA LATIHAN

FR Talent Resources

(A member of Penyedia Latihan Dot Com)

Email : admin@fr-talent.com Website : fr-talent.com and penyedialatihan.com

No 45-1, Jln Hillpark 11/10, Pusat Perdagangan Hillpark, 42300 Puncak Alam, Selangor.

Tel (O) 03-6038 5838 (M) 013-512 7777 or 010-942 0773

MOF Registered. COID No. 202003390444

FORKLIFT SKILLS, SAFETY & DAILY MAINTENANCE COURSE

Training Objectives



- ✓ To provide theory and practical training for new and experience Forklift & Reach Truck operators.
- ✓ To ensuring safety in workplace by applying right behavioural and defensive approach.
- ✓ To guide operator's in performing Daily Self-inspection and Maintenance.
- ✓ To ensure compliance in OSHA 1994 requirement in training.
- ✓ To guide the operators in creating quality [Paperless Safety Checklist](#) by applying QR code scanning which shall reduce manual contact if during Covid pandemic.
- ✓ To guide Forklift & Reach Truck operators in performing Covid sanitization before use the forklift, as well as perform RIGHT ergonomic and manual handling methods as per OSHA Manual Handling Guidelines 2018.

Target Participants

Safety Officers, New and Experience Forklift and Reach Truck operators.

Methodology

Lecturing, Slides Presentation, Video Presentation, Discussion, Case Study, Test and Guidance.

FORKLIFT SKILLS, SAFETY & DAILY MAINTENANCE COURSE

In-House Training Program

HRDCorp SBL Khas Course Series No : **10001268673**

Course Outline – 1 Day Course

Module 1 (Theory)

- Introduction to Forklift / Reach Truck functions and its limitations.
- Review OSHA 1994 Requirements.
- Major causes of accidents related to forklift trucks.

Module 2 (Theory)

- Right Behavioral and Defensive driving techniques.
- Types of hazards and minimizing risks.
- Load Balance and Weight Capacity.
- Maintaining a safe SPEED !
- *Shisa Kanko* (a way to avoid accident).
- Ergonomic & Manual Handling for Forklift Drivers. (Reference : OSHA Guidelines 2018).

Module 3 (Theory and Practical)

- The importance and steps in Forklift Daily Maintenance, Self Inspection, [Cleanliness](#) and Covid-19 Sanitization.
- Guidelines in creating [Paperless Daily Self Inspection Checklists](#) by using QR Code + eForm.

Module 4 (Theory and Practical)

- Training Written Test.
- Practical Daily Inspection and Test.
- Practical Driving Skills Verification & Guidance.



FORKLIFT SKILLS, SAFETY & DAILY MAINTENANCE COURSE

HRDCorp SBL Khas Course Series No : **10001268673**

Tentative Program for 1 Day Course

Number of participants will be based on HRD Corp guidelines

DATE	TIME	ACTIVITIES	ACTION BY
DAY 1	8.55 AM- 9.00 AM	Arrival / Registration	<i>Trainees</i>
	9.00 AM- 9.15 AM	Introduction	<i>Trainer</i>
	9.15 AM- 10.15 AM	Module 1	<i>Trainer</i>
	10.15 AM- 10.30 AM	Morning Tea Break	
	10.30 AM- 12.00 PM	Module 2	<i>Trainer</i>
	12.00 PM- 1.00 PM	Module 2	<i>Trainer</i>
	1.00 PM- 2.00 PM	Lunch Break	
	2.00 PM- 3.00 PM	Module 3	<i>Trainer</i>
	3.00 PM- 4.00 PM	Module 4	<i>Trainer</i>
	4.00 PM- 4.15 PM	Afternoon Tea Break	
	4.15 PM- 5.00 PM	Q & A, Test & Assessment	<i>All Trainees</i>

Our Certified Forklift Instructors

Dr. Mohd Fadzil bin Harun

PhD (UPSI), MBA (UUM), HRDF TTT No. 7855, Certified Forklift Instructor (AECS)

Dr. Mohd Fadzil bin Harun (IC No: 661107-08-5103) has more than 25 years industrial experience in managing people and operations particularly Warehousing and Logistics areas. He earned his PhD from Universiti Pendidikan Sultan Idris and Master of Business Administration from Universiti Utara Malaysia.



As an experience Consultant and Trainer, Dr. Mohd Fadzil involves in handling and implementing Lean tools in Malaysia and Indonesia, setting-up many operations requirement for various industrial background such as E-commerce, Automotive, FMCG, Hard Disk Drives, Electronics, Plastics Moulding, 3rd and 4th Party Logistics. He is also working as a trainer under FFM, IEM and possess Teaching Permit issued by the Ministry of Education. Dr. Mohd Fadzil had directly involved in the implementation of Lean Distribution through-out Malaysia (e.g. for Massimo Bread), GDP, ISO9001, ISO27001, ISO14298, ISO45001, EMS and ISO 37001 (ABMS).

On top of the above, Dr. Mohd Fadzil is a Certified Forklift and Reach Truck Instructor and has contributes various Safety Forklift & Reach Truck Operating training. He is also an Industrial Advisor for local Universities (such as for UNISEL & DRB HICOM University programs). He also involves in modules writing and working as a Part time lecturer and Academic Facilitator for local Universities such as UMP, UTM Space, DRB-HICOM University, Open University, UUM and Asia e-University.

Mr. Mat Noor Bin Hassan (IC No: 630526-07-5741) has more than 20 years experience in Safety & Health Management and education. He earned his Master of OSH Management, from Open University Malaysia.

As a Trainer, Mr. Nizam had delivered various training regarding Safety & Health such as Ergonomic, Working at Height (WAH), Emergency Response Plan (ERP), Basic Fire Watch and others.



His Professional Development is as per below :

1. Registered Safety & Health Officer - JKPP/IS/438/2/175
2. Construction Safety & Health Officer - CIDB-J/CSHO/13/0018
3. Registered Authorized Gas Tester & ES - JKPP-HQ/13/AGTES/00/957
4. Registered Scaffold Erector - JKPP-SPP/A/PP/029/2007
5. Scaffolding Inspector - TRIDENT-C-2145
6. Registered ISO45001-2018 Auditor - IRCA-6008941
7. Registered SHASSIC Assessor - LPIM: SPT/SHQ1/14/3 JH3 435
8. Registered AESP-ESICW Trainer - JKPP/HIE/P38.4
9. Registered WSO - WSO-01780
10. Registered Trained Ergonomic Assessor
11. Certified Forklift Instructor - AECS-TTFL/6160623/26

Fees & Registration

Course Fees - Public Training (1 Day Course)

RM 380.00 per participant (Venue at UNISEL, Shah Alam. Selangor)

Fees includes Food and Refreshment, Training Materials, Certificate of Attendance and PVC Training Certification Card valid for 3 (Three) Years. The fees are Claimable under HRDCorp Skim Bantuan Latihan Khas (**SBL-Khas**).

Course Fees - In House Training (1 Day Course)

RM 3,400.00 for a group of 5 to 30 participants (Area: Peninsular Malaysia)

Fees includes the Training Materials, Certificate of Attendance and PVC Training Certification Card valid for 3 (Three) Years. The fees are Claimable under HRDCorp Skim Bantuan Latihan Khas (**SBL-Khas**).

Registration

Please Call us at 03-6038.58.38 or Email the Registration Form below to :

eddy@penyediaatihan.com

REGISTRATION FORM

[Click Here if you like to Register by using Google Form](#)

Dear Mr. Eddy, please register as per below :

Subject : **Forklift Skills, Safety and Daily Maintenance Course**

HRDCorp SBL Khas Course Registered No: **10001268673**

Requested Date :

Company Name :

Company Address :

.....

.....

.....

HR Contact Person :

HR Contact Number : Email

Popular HRDCorp Claimable Courses in 2024

PUBLIC TRAINING PROGRAM

Fees : All the fees below inclusive of SST, Certificates etc. for companies in Peninsular Malaysia.

OSH Coordinator Course (3 Days)

RM 660 per participant (Selangor, KL & other states)

Click for TTV



[Click here to Request Module & Quotation](#)

Safety and Health Committee Training (1 Day)

RM 700 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

HIRARC & OSHA (Amendment) Act 2022 (2 Days)

RM 1200 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

Forklift Skills, Safety & Daily Maintenance (1Day)

RM 380 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

First Aid, CPR & AED Course (1 Day)

RM 380 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

Fire Fighting and Emergency Res. Team (1 Day)

RM 480 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

Professional Certificate

Forklift Train The Trainer (3 Days)

RM 3,798 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

Professional Certificate

Reach Truck Train The Trainer (3 Days)

RM 3,798 per participant (UNISEL, Shah Alam)



[Click here to Request Quotation](#)

Contact Eddy / Nur Hidayah : 03-6038.58.58, 013.512.7777 OR 018-262.3723

Training Collaboration



Popular HRDCorp Claimable Courses in 2024

IN-HOUSE TRAINING PROGRAM (Venue: at your own premise)

Fees : All the fees below inclusive of SST, Certificates etc. for companies in Peninsular Malaysia.

Click for TTV

OSH Coordinator Course (3 Days)

RM 12,800 for 10 to 30 Staffs (at your premise)



[Click here to Request Module & Quotation](#)

Safety and Health Committee Training (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Quotation](#)

HIRARC & OSHA (Amendment) Act 2022 (2 Days)

RM 6,800 for 30 participants (at your premise)



[Click here to Request Quotation](#)

Forklift Skills, Safety & Daily Maintenance (1Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

First Aid, CPR & AED Course (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

Fire Fighting and Emergency Res. Team (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Quotation](#)

Overhead Travelling Crane (1 Day)

RM 3,400 for 30 participants (at your premise)



[Click here to Request Quotation](#)

Ergonomic & Manual Handling in Workplace (1 Day)

RM 3,400 for 30 participants (at your premise)

[Click here to Request Module & Quotation](#)

Contact Eddy / Nur Hidayah : 03-6038.58.58, 013.512.7777 OR 018-262.3723

Email: eddy@penyediaLatihan.com , admin@penyediaLatihan.com

Training Collaboration

